

RUN TO READ 5K

presented by:

The Children's Dyslexia Centers
Seacoast Learning Center

April 29 2017

Rochester NH

10:00 AM- Check In
11:00 AM- Start

\$22.00- Preregistered

\$25.00- Day of Race

*First 100 registered runners
receive a free t-shirt!*

- Runners and walkers of all ages welcome!
- Start and Finish at the Community Center (150 Wakefield Street)
- Digital Clock at finish
- Water half way



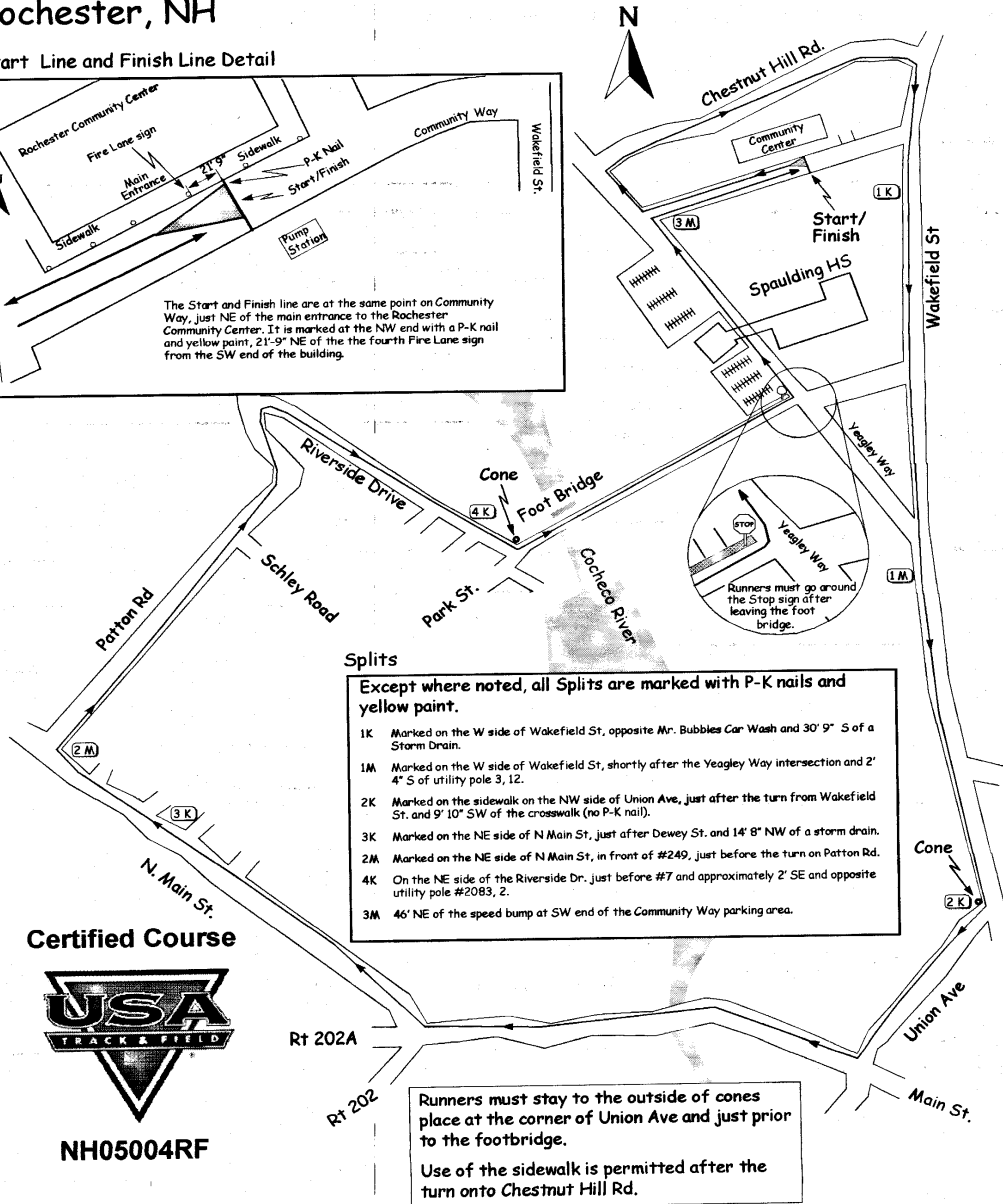
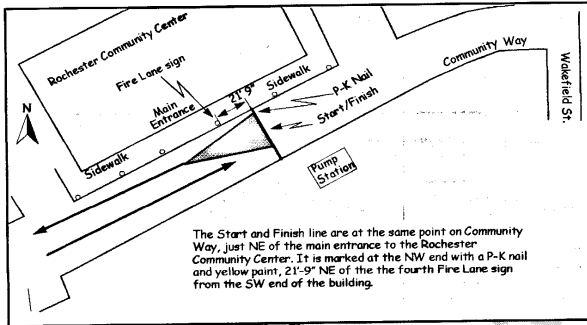
**Come check out the
SILENT AUCTION!**

*USATF CERTIFIED COURSE
MANAGED BY 5K SPORTS AND
RACE MANAGEMENT SERVICES*

Register online at www.running4free.com

Rochester, NH

Start Line and Finish Line Detail



Splits

Except where noted, all Splits are marked with P-K nails and yellow paint.

- 1K Marked on the W side of Wakefield St, opposite Mr. Bubbles Car Wash and 30' 9" S of a Storm Drain.
- 1M Marked on the W side of Wakefield St, shortly after the Yeagley Way intersection and 2' 4" S of utility pole 3, 12.
- 2K Marked on the sidewalk on the NW side of Union Ave, just after the turn from Wakefield St. and 9' 10" SW of the crosswalk (no P-K nail).
- 3K Marked on the NE side of N Main St, just after Dewey St. and 14' 8" NW of a storm drain.
- 2M Marked on the NE side of N Main St, in front of #249, just before the turn on Potton Rd.
- 4K On the NE side of the Riverside Dr. just before #7 and approximately 2' SE and opposite utility pole #2083, 2.
- 3M 46' NE of the speed bump at SW end of the Community Way parking area.

Certified Course



NH05004RF

Runners must stay to the outside of cones place at the corner of Union Ave and just prior to the footbridge.
Use of the sidewalk is permitted after the turn onto Chestnut Hill Rd.

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for the **Run to Read 5k** on **April 29**